



**UK**  
**BUNGEE**  
**CLUB**

## Event Information

### Riverside Museum, Glasgow

Riverside Museum  
100 Pointhouse Place  
Govan  
Glasgow  
G3 8RS

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[WWW.UKBUNGEE.CO.UK](http://WWW.UKBUNGEE.CO.UK) | 01226 982771 | [INFO@UKBUNGEE.CO.UK](mailto:INFO@UKBUNGEE.CO.UK)



## **Congratulations on booking your UK Bungee Club activity!**

The UK Bungee Club has been providing events for thousands of participants since 1992, allowing us to build a wealth of knowledge that we use to make sure that you have a fantastic experience.

Our jump site at The Riverside Museum is in a superb location taking place just outside the front of the museum. The Riverside Museum offers spectacular views over the Glasgow Harbour. Less than a ten minute drive into Glasgow town centre, this location makes a great day out for both jumpers and spectators.

This event pack contains important information regarding your event. You will find information and instructions relevant to before, on the day of, and after your event. This pack should contain all the information that you will need, however if you have any further questions then take a look at our Frequently Asked Questions page on our website ([www.ukbungee.co.uk](http://www.ukbungee.co.uk)) or alternatively call our office on 01226 982771 .

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## Before Your Jump

We know that once your bungee jump is booked you will be very excited – and rightly so! However below is some information and instructions that you will need to read after you have booked your bungee jump. Once you are satisfied that everything is complete then feel free to tell anyone who will listen about your upcoming bungee jump!

- ✓ Confirmation email: Check that your confirmation email states the correct location, jump time and date. Also check that we have the correct contact information for you as we may need to get in touch you before or on the day of your jump.
- ✓ Voucher: Check that your voucher is valid for this event. Please note that once you have made a booking using your voucher, no refunds will be given, and voucher validity will be lost in the case of you cancelling your event.
- ✓ Health Warning Notice: Read the Health Warning Notice which can be found at the bottom of this pack and make sure that you are fit enough to jump. If any of the health warning notice applies, then you must seek professional medical advice prior to your jump. On the day of your jump, you will be required to sign a “non-standard” waiver stating you have done this.
- ✓ Accommodation & transport: When booking accommodation or transport please check the cancellation policy as UK Bungee cannot be held responsible for any accommodation, transport or other charges that you incur in the case of a cancelled event.
- ✓ Terms & conditions: Make sure that you read our Terms & Conditions found [here](#).
- ✓ Plan your journey: We have included directions and helpful travel information in this event pack, but it is always a good idea to check your travel time as if you are late, we may not be able to accommodate your jump.
- ✓ Changing your Jump date: You can change your experience date free of charge within 24 hours of booking. However, any changes made to your booking after the 24 hours will incur a £25 rebooking fee per person. Where cancellation insurance has been purchased you may change the date of your booking once free of charge and you must notify us of this change before the start time on the day of your event.
- ✓ Cancelled events: Occasionally we may have to cancel one of our events, this could be due to the weather conditions, a mechanical failure, or other unexpected reasons. In the week leading up to your event make sure that you check the ‘Latest News’ section of our website for details of any cancelled events. In the rare event that we do have to cancel your event we will endeavour to contact you as soon as possible and re-arrange your booking for the next convenient date free of charge. Please note that refunds will not be issued for cancelled events.
- ✓ Refunds: If you need to cancel please note that refunds will only be issued within 24 hours of booking minus a £10 administration fee. No refunds will be issued after 24 hours of booking.

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## The Day of Your Jump

The UK Bungee Club want you to have the best day possible so below is some information that will help to make sure that your day runs smoothly.

- ✓ Arrival: It is important that you arrive at least 30 minutes before your jump time. If you are late for your scheduled jump time, we cannot guarantee that you will be able to jump, no refunds will be given, voucher validity will be lost, and you will not be able to reschedule your jump.
- ✓ Duration: We ask you to allow between 2 and 3 hours on site. This allows us to prepare you for your jump and hopefully covers any unexpected delays that we may be experiencing on the day.
- ✓ Voucher: If you have redeemed a voucher please remember to bring this with you on the day of your jump. Failure to provide your original voucher on the day of your jump will result in a deposit being taken to cover the cost of the jump. This deposit will be refunded if we receive your original voucher via post within 28 days of your jump.
- ✓ Confirmation email: Please bring your confirmation email on the day as proof of booking. If you have redeemed a voucher you will also need to bring your voucher with you (see above).
- ✓ Spectators: Please feel free to bring as many spectators as you want – the more the merrier!
- ✓ Clothing: Make sure you check the weather forecast and dress accordingly. It's advised that you dress in comfortable clothes, skirts and dresses are not recommended. As you will be placed in ankle harnesses, we recommend that you don't wear boots or anything else that might interfere with the harness. Trainers and securely fastened shoes are perfect for bungee jumping, if boots/high-tops/slip on shoes are worn then please be prepared to remove them for your jump.
- ✓ Loose articles: Before you are fitted with a harness it is important that you empty your pockets of any loose articles and remove absolutely all pieces of jewellery. If for any reason you are unable to remove a piece of jewellery, please speak to a member of staff.
- ✓ Cancelled events: It is possible that we may have to cancel an event on the day of the event due to weather, mechanical failure or unexpected events. In this case we will contact you on the telephone number provided as soon as possible. It is advised that you call our events information line on 01226 982771 before you set off for the event in order to check that the event is still going ahead as planned.

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## After Your Jump

After your jump there are a range of factors that you could be feeling – euphoria, excitement and even disbelief! With the adrenaline coursing through your body it is easy to stroll through the next few minutes in a daze so here are a few points to help make the most of your time after the jump.

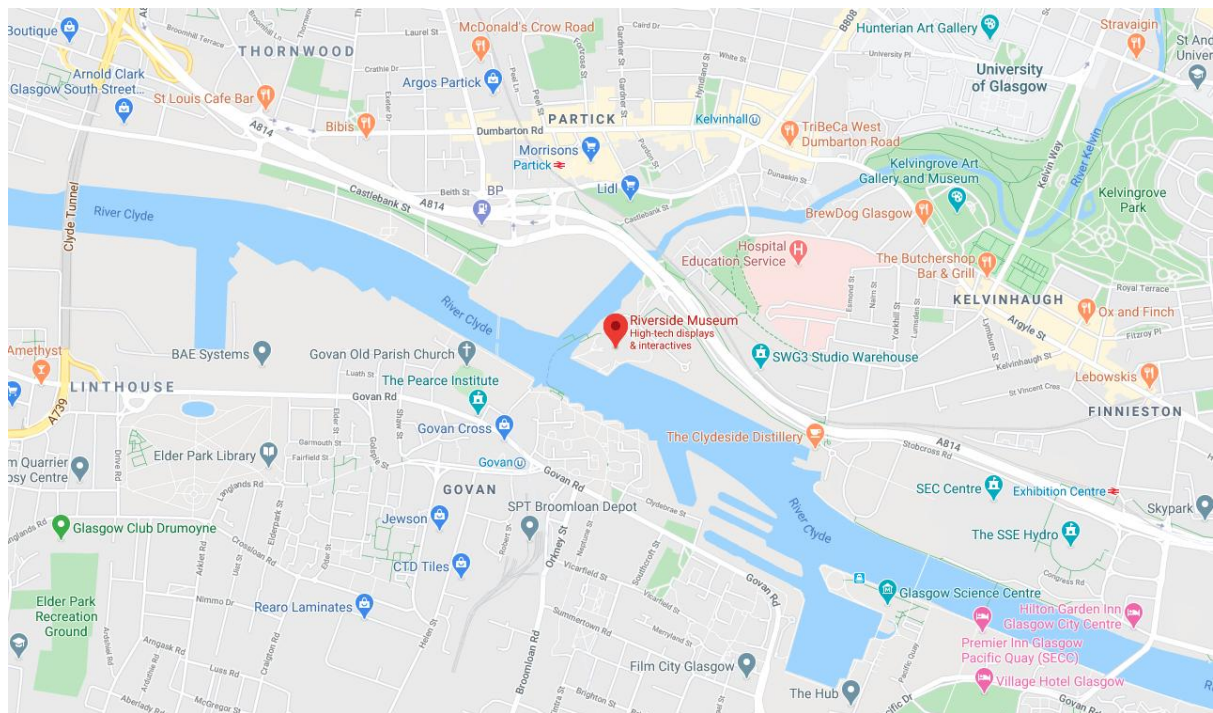
- ✓ Videos & Photos: Make sure you pay a trip to our Media Desk and check out your photos and video. All jumps are documented both by still shots and a video recording using a 360 camera, these files can be transferred directly to your phone for you to remember your experience by and to share with family and friends.
- ✓ Merchandise: Why not grab yourself one of our branded pieces of merch? A variety of options are available including t-shirts, hoodies, pens & lanyards. These are all available to pre-order or are available to purchase on the day of your jump.
- ✓ Leave a comment: If you have enjoyed your experience why not let us know by leaving a comment on our Facebook or Twitter pages. We love to hear from you about your experiences and if you have any pictures to show us – even better! If you would like to leave a review of your experience head on over to Trip Advisor or complete a Feefo review (link emailed to you after your experience).
- ✓ Book again: If you enjoyed your jump then why not book another? With 160ft, 300ft, 400ft and Bridge bungee jumps, UK Bungee Club has a wide range of adrenaline activities for you to experience.

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## Directions

### Map



### Driving

Please use the following address for navigation to the venue:

The Riverside Museum  
100 Pointhouse Place  
Glasgow  
G3 8RS

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### Car Parking

Car parking is available at the venue at the riverside pay and display car park. You can pay at the machine or by the RingGo app.

1 Hour £1.60  
2 Hours £3.20  
3 Hours £4.80  
4 Hours £6.40  
5 Hours £8.00  
10 Hours £10.00  
Overnight £2.00  
(In after 18:00 Out by 08:00)

### Trains

The closest light rail station to riverside museum is Patrick subway station that is a 9 minute walk away.

### Bus

There are many bus stops close to riverside museum with access from the following lines:

X19  
26  
23  
23a  
90  
121  
189  
100  
49  
190  
34a  
3

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## HEALTH WARNING NOTICE

**IF IN DOUBT - DON'T JUMP**

If you are not in good health, you should **NOT** jump.

You can **NOT** jump if you are;

- Under 14 years old
- Pregnant
- Under the influence of alcohol or illegal drugs

If any of the following apply, **you must seek professional medical advice before jumping** and sign a non-standard waiver;

- Aged 50 years or above
- High blood pressure
- Heart condition
- Suffer from dizziness or epilepsy
- Damage to neck, back, spinal column, legs or eyes
- Asthma
- Medication – if you are taking any form of prescribed medication, please inform us of how this may affect you

The following points apply to **ALL** jumpers;

- Jumpers aged 14 and 15 years old require a parent or guardian to be present, sign permission and will be required to complete a non-standard waiver
- Glasses and hard contact lenses cannot be worn
- If wearing boots/high-top or slip-on shoes, please be prepared to remove them
- Maximum weight limit for a solo jumper is 120kg (18.9 stone)
- Waist harnesses fit waist size of 40cm (15.7 inches) to 125cm (49.2 inches)

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## Medical Advice

**As we at the UK Bungee Club are not medical professionals and are unaware of your medical history, if you have any concerns, we recommend you print this information and consult with your Doctor or General Practitioner.**

When signing in prior to your jump you will be required to read the above health warning notice and sign a declaration to say that you not aware of any present or past medical and/or physical conditions which might endanger yourself whilst participating in the activity of bungee jumping. If any of the health conditions stated in the health warning notice apply and you cannot sign a declaration, or if you are aged 50 & over, you will need to seek professional medical advice to ensure it is safe to partake.

### Notes for Bungee Jumpers

Persons involved in Bungee Jumping should have a reasonable standard of physical fitness. In addition to the medical conditions listed below, the following may cause difficulty whilst Bungee Jumping and if you have ever suffered from any of these you are advised to seek medical opinion.

- Rheumatic fever
- Chronic bone or joint condition
- Disorder of the blood, severe anaemia
- Chronic ear or sinus disease
- Previous major head injury
- Retinal or other chronic eye condition
- Any conditions which requires the regular use of drugs

### Notes for the guidance of examining doctors

Bungee jumpers may experience decelerative and accelerative forces of up to 29 Newton's in the course of their descents. When jumping headfirst the load is distributed through the shoulder straps of a chest harness or through both legs and hips when using an ankle harness in conjunction with a lower body harness. After jumping and coming to rest they may be suspended in the inverted position for at most 2-3 minutes until retrieval is effected.

Bungee jumping can cause strong tachycardia up to 200 beats per minute through the stress it generates. Therefore, the cardiovascular system must be in good condition. Patients who are known epileptics, diabetics, drug addicts, alcoholics, or who have severe and active mental illness may not be allowed to Bungee Jump unless you consider it safe to do so. A history of skull fracture, concussion, or brain damage should be assessed most carefully. In the case of doubt, it is strongly urged that expert opinion should be sought.

Further caution should be observed in the case of:

- Slipped discs
- Acute hypertension of the arteries
- Chronic pneumothorax
- Clinical or electrical abnormalities related to coronary insufficiency
- Hernia or recent surgical operations of the abdomen
- Problems involving myocardial conduction
- Cardiac functional deficiencies
- Congenital or acquired endocardial lesions
- Problems involving loss of consciousness without etymological explanation
- Chronic pneumothorax

**No person above the age of fifty years will be allowed to Bungee Jump unless they have sought professional medical advice beforehand and sign to agree that they have done so. This is the jumper's responsibility.**

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