









Thank you for taking part in Royal Navy & Royal Marines Charity Military Appreciation Week.

Celebrate the works of our Armed Forces: Army, Royal Airforce, Royal Navy, Royal Marines and also Royal Fleet Auxiliary.

Thank veterans for their service.

Think about families of serving personnel.





Royal Navy & Royal Marines Charity (RNRMC) is the main charity of the Royal Navy.

We are at the heart of supporting our Royal Navy, Royal Marines and Royal Fleet Auxiliary personnel and their families, past, present and future.

RNRMC fund projects and facilities that help morale for those who serve today and supports organisations and charities which care for serving personnel, children, families and veterans of the Royal Navy, Royal Marines and Royal Fleet Auxiliary.

OUR VISION: A world in which our sailors, marines, and their families are valued and supported, for life.





Being in the Royal Navy, Royal Marines and Royal Fleet Auxiliary can be wonderful!

There are many different jobs people can do, such as being a pilot, a Royal Marine commando, a submariner, an engineer, a chef or a nurse.

You get to travel to exciting places and see the world.

You help to keep people safe and help them if there has been a disaster such as a flood or earthquake. You stop pirates and help keep the sea around the UK safe so that things like food can be imported.







However, there can be times when life is difficult, especially for families who are separated when loved ones are working away, or if people get injured or sick. For some, the time they need help and support most is when they leave the service, or when they are elderly.

RNRMC is there to support all the naval service family.







Suggested discussion points:

- Do you know someone in the Armed Forces, a friend or a family member?
- What is a veteran?
- If one of your friends has a mum, dad, carer or close family member in the military, it can be exciting, but sometime it can be hard if they are working away. How you could help a friend who might be feeling sad?
- Would you like to work in the Armed Forces when you are older?





Why RNRMC need your help

Each year the charity gives out £6-£9 million in grants to help the naval service family.

They need to fundraise more each year as so many people need there help.

By taking part in Royal Navy & Royal Marines Charity Military Appreciation week you are not only celebrating the work of the armed forces, but you are helping to fundraise so that we can provide more support.

